



Life Orientation

Grade 12 Term 2: Week 6

Topic: Social and Environmental Responsibility

1.1 Personal Mission Statement for Life



Must know:

Mission statements, Personal values and beliefs, Ideologies, goals, society and environmental responsibility.

Resources: Focus Gr 12 Text book pages 164-171. Internet, Videos and on-line examples detailed in the pre-activities. Inspirational quotes and people. Your textbook.

<https://www.andyandrews.com/personal-mission-statement/>

"Your Vision Statement Sucks." by Cameron Herold TEDxVancouver (2018)

"My Mission Statement" by Samantha Johnson TEDxNewBedford (2015)

Please Read the following:

"Doesn't matter if the glass is half-empty or half-full. All that matters is that you are the one pouring the water." (Mark Cuban)

Provided by the Business Families Foundation

You are almost at the end of your high school career and have completed several years of Life Skills in which you have expressed your personal views on a wide range of issues and developed your understanding and awareness of your values and beliefs. Your life is going to change and what makes this change exciting is that YOU are going to make it happen: your choices and decisions will determine your first steps in the adult world. It is important to make sure it is the life you want - in fact it is

vital to base the choices you are faced with on your character and personality, on what is important to you. We all want to work towards having a balanced lifestyle and accept responsibility for directing our own life.

Under all the pressure of other people's opinions; your friends, teachers, parents, the media, your community, it is difficult to "hear" your own voice, and remember that your own goals or dreams and your decisions may be forgotten. Therefore, we need to examine our current reality.



You may notice that in this section of work, your teachers take it for granted that you have a very active role to play in shaping your own future. How big an influence do you think you have in creating a particular future for yourself? Do you think there are other factors that will play a more important role?

In order to be a well-balanced, well-rounded adult you have to ensure that you have balance. You do not want success in one area to cause a weakness in the other. It may be ok for a while but not for too long. For example: overemphasise your work by working 14 hours a day; you will have too little sleep, too much stress, no time for your family and friends, as well as little opportunity to do sport or any recreational activities. Perhaps you will be successful in your job, but how long will you be able to sustain it before you are in poor health and isolated?



Of course, the media and our culture endorse this approach. We make much of extra-ordinary success- people who achieve greatness as athletes, writers, business leaders, and so forth. We do not often celebrate those who live well-balanced lives and are winners on the field and in the back yard, at home in the living-room or kitchen or in the office board-room. Keep this in mind when you formulate your plans and Mission Statement.

Activity 1: Make sure you understand the following key concepts.

Key Concepts:

1.Mission Statement: a short statement of why an organization exists, what its overall goal is, identifying the goal of its operations. i.e. popular mission statements:



2. Personal Mission Statement: a description about you and your values, dreams, attitudes and goals. It is not the things your parents or friends decide to be important.

3.Personal Values: Values are personal beliefs that guide the way you live your life; the principles that you choose and that are important in your life or which you would like to base your life upon, etc. love, respect for all, ubuntu, religious beliefs. They are your standards of acceptable and unacceptable behaviour. It is not the things your parents or friends decide to be important. It is the things *you* are proud of and are happy to tell the world about, aspects

that are important and valuable to you. For you to become a mature adult, you need to develop your own value system.

4.1. Belief: trust, faith or confidence, an acceptance that something exists or is true, especially one without proof, and based on religion, i.e. Jesus Christ

4.2. Belief system - Your belief system is the way you try to understand the world and your place in it. It is also your set of beliefs about what is right and wrong, true and false. Your belief system may be based on the teachings of a formal religion or may be part of your cultural belief system.

4.3. Religion - Your religion is what you believe and who or what you worship. Religions usually have moral codes, rituals and ways of behaving towards others. Religion is based on faith and belief.

5. Ideology: A system of ideas, especially one which forms the basis of economic or political theory and policy. Political ideologies include democracy, communism, nationalism, and fascism. Ideologies are an organised set of beliefs, values and ideas. They are the way you believe you should live in the world and the way society should operate.

6. Purpose of a Personal mission statement: Encourages you to explore and identify your own values, dreams and goals. You identify your skills, your values and your dreams. It shows what is important to you, and how you plan to achieve your aims and goals. It gives control and structure or purpose to your life and guides you into the future.

When formulating your mission statement:

Consider the following aspects (“ingredients”):

- **Personal views** - Your personal views are your opinions and what you consider to be important. For example, you may view Mathematics as an important subject because you want to study to be an accountant after school. Your personal views may be influenced by your goals for your future, your religion, culture, and values.
- **Values** – Which values do you consider vital to you? eg trust and honesty, courage.
- **Belief system** – What is important in my belief system and religion?
- **Lifestyle** (physical and emotional well-being). Your lifestyle is how you live your life on a daily basis. For example, you may exercise regularly, eat healthy food, practise safe sex, and not drink alcohol so that you care for your physical well-being and health.
- **Environmental responsibility** - If you take your responsibility towards the environment seriously, you know you need to treat nature with respect. You do not do anything that is harmful to the environment, such as litter or chop down trees, without planting new trees. You recycle and get involved in environmental clean-up campaigns.
- **Goals for studies and career choices.** Your goals for studies and career choices are your plans for the future, the steps you need to take to achieve your later goals in life. For example, your goal may be to have a good job and to own your own house in ten years' time...
- **To have a vision** about your future gives you a direction about who you want to be or what you want to achieve in 5 to 10 years' time, even in 30 years' time. Your vision is **your dream**. It is a **mental picture** of what the future will or could be like. It is what will make your life exciting and fulfilling. Make your vision **ambitious**. It doesn't necessarily have to be practical. It may even seem a bit crazy now.

- **Dream big!** A mission statement is more practical; it focuses on your **actions, behaviour, and plans to achieve your dream.**

Activity 2

Write a positive quote which means something to you and helps you identify your dream. Acknowledge the author.

Activity 3

Write a personal mission statement (10- 20 lines)

This is your personal views on the importance of Education, purpose of having goals, the role of values in your life. What your values mean and why they are important to you. (Who you are, your values, your contributions to relationships, society, dreams and ambitions anything else that seems important to you). Watch the videos and use the inspiration of others to assist you.

Keep your Mission Statement personal and simple. The power points will also help to get you thinking. This could take several days to complete because you will need time to reflect and think. Enjoy the process.



How to write a Personal Mission Statement free downloads.

<https://zety.com/blog/personal-mission-statement>



<https://kopywritingcourse.com/how-to-write-a-personal-mission-statement/>



[Personal Mission Statement.pptx](#)

This is a Hyperlink to a power-point presentation on the steps to creating a Personal Mission statement