

HOËRSKOOL ELSPARK

LIFE ORIENTATION

GRADE 9: TERM 2

ACTIVITY 3: CONSTITUTIONAL VALUES AS STATED IN THE SOUTH AFRICAN CONSTITUTION

The South African Constitution:

The South African Constitution was written to create “a society based on democratic values, social justice and fundamental human rights”

Human dignity, equality and the right to life were important values. The Constitution states it is everyone’s right to take part in the cultural life that they prefer and to use the language of their choice.

Role Model:

- Person who has an influence on other people’s behaviour, thinking and values.
- Can either have a positive or negative influence on your life.

ACTIVITY:

1. Choose the correct terms from the block below and write the answers in your workbook:

freedom	The South African Constitution	equality	Self-respect
positive	negative	community	False
discriminated	inequality	True	role model

- 1.1 _____ (1) is one of the three main values of the South African Constitution.
- 1.2 A _____ (1) is someone who others look up to and admire.
- 1.3 The constitutional value of _____ (1) means that everyone in South Africa is important and should be treated fairly.
- 1.4 Respectfulness, compassion and trustworthiness all describe a _____ (1) role model.
- 1.5 Human dignity refers to the right to _____ (1).
- 1.6 People who make irresponsible behaviour seem acceptable and cool can be seen as _____ (1) role models.
- 1.7 _____ (1) was written to create “a society based on democratic values, social justice and fundamental human rights.
- 1.8 To be treated fairly means to not be _____ (1) against.
- 1.9 Everyone needs to follow the same religious practices. True or False (1)

1.10 To judge a person's skills and abilities based on their cultural background refer to discrimination. True or False (1)

2. Answer the questions below in your workbook:

2.1 What is a role model? (1)

2.2 Are all rich and successful people in our communities positive role models? (1)

2.3 Name 3 characteristics of a negative role model (3)

2.4 In your own words, define Ubuntu. (2)

3. Read the following case study and answer the questions in your workbook:

Natalie du Toit

A WORLD-CLASS SWIMMER & ROLE MODEL FOR MANY

When Natalie was 17 years old, she was accidentally hit by a car while she was riding her scooter. She was rushed to hospital, but after one week the doctors were forced to operate and amputate one of her knees.



Natalie has devoted her life to charity and for children in South Africa. She helps young cancer patients, people with disabilities who cannot afford to pay for a wheelchair and many more. Natalie also raises funds to pay the travelling cost of the young athletes whose parents cannot afford the expense. She has also dedicated a lot of her time to motivational speaking, which she does in schools, institutions and businesses. This South African woman believes that swimming is the most important part of her life and never loses her desire to do more for her community. Natalie's beautiful story of courage and motivation has touched many lives, including that of Tracey Hawthorne, who is a freelance writer and editor based in South Africa. She wrote an incentive book about Natalie's life, her accident, and everything that the athlete had to overcome to finally end up on top. Her powerful biography is called, Natalie du Toit – Tumble Turn. Natalie is greatly appreciated and well known in South Africa and all around the world. Her story gives hope, not only to disabled people, but also to anyone who has a dream to achieve something. She shows that we can do anything if we really want to and that we should never give up whatever the trials may be.

3.1. What makes Natalie a positive role model in our country? (1)

3.2 During her motivational speeches, what do you think the main message from her talk is? (1)

3.3 By looking at her life and her contributions, name one of her values. (1)

[TOTAL MARKS: 20]

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